



Panther Press

A publication of the Georgia Academy for the Blind

Friday, February 14, 2025

This institution is an equal opportunity provider.

2895 Vineville Ave.

Macon, GA



Georgia Academy for the Blind

Follow our library:

@gablibrary

Mark your Calendars

2/17 - Presidents' Day Holiday, Monday

2/21 - Black History Program in the Auditorium

2/27 - Braille Challenge at GAB

3/8 - Cornhole Tournament, Saturday

3/31 through 4/4 - Spring Break Week

**4/10 through 4/13 - Track & Field SCASB at
Alabama School for the Blind.**

5/1 through 5/4 - Senior Trip

5/15 - Prom night at "Emerson at Plum"

5/22 - Graduation





February 12th

A Valentine's Dance







FY25 Parent Survey

For Parents of Students with an Individualized Education Program (IEP)

- 1. First question answer by scrolling down and choosing “State Schools”**
- 2. Second question answer by choosing “Georgia Academy for the Blind”.**

Please Scan the QR code below to take the Survey:





BLACK HISTORY MONTH

Friday February 14th-Spread
the Love
Wear red and pink clothing

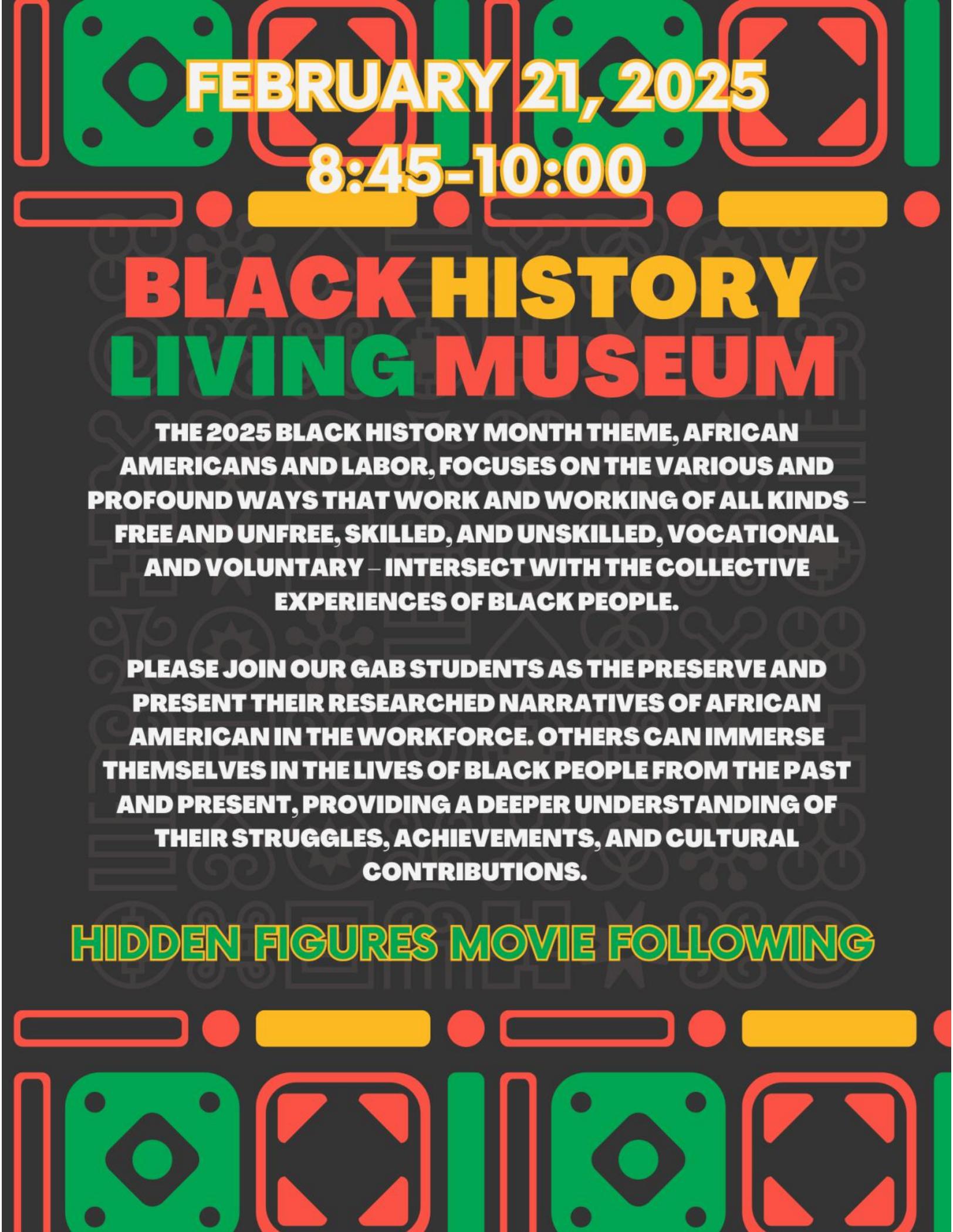
Tuesday February 18th-HBCU
Gear Day Or wear All Black

Wednesday February 19th- Pan African
Pride Day
Wear African print or Black History Shirts

Thursday February 20th-Dress in honor of an
African American Figure who inspired You.

Friday February- 21st Dress in
Afros and bell bottom or Hip-Hop Attire





FEBRUARY 21, 2025

8:45-10:00

BLACK HISTORY LIVING MUSEUM

THE 2025 BLACK HISTORY MONTH THEME, AFRICAN AMERICANS AND LABOR, FOCUSES ON THE VARIOUS AND PROFOUND WAYS THAT WORK AND WORKING OF ALL KINDS – FREE AND UNFREE, SKILLED, AND UNSKILLED, VOCATIONAL AND VOLUNTARY – INTERSECT WITH THE COLLECTIVE EXPERIENCES OF BLACK PEOPLE.

PLEASE JOIN OUR GAB STUDENTS AS THEY PRESERVE AND PRESENT THEIR RESEARCHED NARRATIVES OF AFRICAN AMERICAN IN THE WORKFORCE. OTHERS CAN IMMERSE THEMSELVES IN THE LIVES OF BLACK PEOPLE FROM THE PAST AND PRESENT, PROVIDING A DEEPER UNDERSTANDING OF THEIR STRUGGLES, ACHIEVEMENTS, AND CULTURAL CONTRIBUTIONS.

HIDDEN FIGURES MOVIE FOLLOWING

Georgia Academy for the Blind



TOURNAMENT

To benefit the Students of GAB

When: Saturday, March 2, 2024

Registration 10:00 a.m.

\$40 per team of two (cash or check)

Tournament 11:00 a.m.

Where: Georgia Academy for the Blind
2895 Vineville Ave, Macon

Our tournament is sponsored by C&W Contracting this year.
This an event you won't want to miss!

\$1000 Cash Payout:

1st place - \$500

2nd place - \$300

3rd place - \$200

Shot in the
Dark Contest

Family Fun



Georgia Academy for the Blind



SPONSORSHIP BENEFIT PACKAGES

Join us for our GAB Cornhole Tournament, Saturday, March 8, 2025 starting at 10:00 a.m. on the campus of the Georgia Academy for the Blind to benefit the students at GAB. The address for this event is 2895 Vineville Avenue, Macon, GA. This fun-filled day will feature a world class tournament for both the "serious" and "not-so-serious" players.

EVENT SPONSOR LEVEL **\$2,500**

- Prime logo placement on all event promotional materials, electronic and print
- Entry for two teams into the tournament
- One set of custom boards and bags with their logo on it

LANE SPONSOR LEVEL **\$300**

- Signage at the event sponsoring one set of boards on the court
- Shout-outs on the event page and at the tournament
- One free team entry into the tournament

Sponsor Name: _____

Name: _____

Title: _____

Address: _____

Phone Number: _____

Email Address: _____

Sponsor Level:

- ▲ EVENT SPONSOR **\$2,500**
- ▲ LANE SPONSOR **\$300**

Payment Info:

_____ Cash _____ Check

(Checks can be made payable to GAB and marked for Cornhole Sponsor)

(Receipts for tax-deductible sponsorship donations available upon request)

TO BECOME A SPONSOR OR IF YOU HAVE ANY QUESTIONS:

Contact Gene Collins, at panthercornhole@gmail.com

Get ready for the American Heart Association's Heart Challenge! We will get moving with fun activities, February Fitness Challenge and raise funds for the health of all hearts. Remember to send colors for your child to wear on Wellness Wednesdays:

Feb. 5th-Orange

Feb. 12th-Red

Feb. 19th-Yellow

Feb. 26th-Purple



GAB Physical Fitness Challenge February 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						Do something Fun
2	3	4	5	6	7	8
Do something that makes you laugh	Arm circles 20x 10 forward / 10 backwards	10-20 sit-ups/ crunches or knee lifts from chair	Plank whole body or from knees 5-10x hold 5-10 sec.	Trunk Twists left and right 20x sitting or standing	10 min dance party	Do something Fun
9	10	11	12	13	14	15
Do something that makes you laugh	20 standing squats or chair sits	Tiptoe around the room for 20 sec.	10 cat-cow stretches	Run in place, high knees 30 sec.	10 min dance party	Do something Fun
16	17	18	19	20	21	22
Do something that makes you laugh	20x Elbow to opposite knee 10x left / 10x right	Wall sits 20- 30 sec	T pose (arms out) right- hand touch left foot al- ternate 10x	Leg Lifts lay on your back, legs straight, lift 10 - 20x	10 min dance party	Do something Fun
23	24	25	26	27	28	
Do something that makes you laugh	10 lunges 5 left / 5 right	5-10 push- ups or knee push-ups	Superman's 5-10x Hold each for 3 sec.	10x jumping jacks	Heart Challenge	

February

2025

Birthdays

Jayden 2/2 Arianna 2/11

Ryder 2/2 Ambria 2/18

Elisha 2/3 Roni 2/22

Kailyn 2/4 Dorrian 2/24

