

Panther Press

A publication of the Georgia Academy for the Blind

Friday, September 13, 2024

This institution is an equal opportunity provider.

2895 Vineville Ave. Macon, GA



Georgia Academy for the Blind Follow our library:

@gablibrary

Mark your Calendars

9/8 through 9/14 - Housekeeper Appreciation Week

10/3 through 10/5 - American Printing House Art Trip to Kentucky

10/4 through 10/6 - Goalball Tournament in Savannah

10/4 through 10/11 - Space Camp in Huntsville, AL

10/11 - First School Council meeting of the school year at 2pm.

10/15 - White Cane Safety Day

10/14 through 10/19- Fall Break for students GVEST for staff

Happy Housekeeping Appreciation Week



News from the EECC

The Extended Expanded Core Curriculum (EECC) offers a wide variety of activities for students to participate in while increasing their independence. EECC students have adapted well to living in two different residential cottages. They are able to see their friends in school and in EECC activities.

Money and purchasing skills are popular activities. Students cannot wait to play Money Bingo using different coins to cover their Bingo card while playing Black Out Bingo. At the conclusion of the game, students shop in the Bingo Store demonstrating their skills with coin values, coin combinations, and using the dollar up technique.

Do you know how to play <u>Spicy UNO?</u> This fun version of UNO reinforces listening and social skills. If you should need a lesson on how to play Spicy Bingo, ask an EECC student.

Kitchen skills are demonstrated as the girls prepare humus and an ice cream cake. Ice cream cake is always their favorite no cook recipe. It does not require the use of any appliance to make and is always a crowd-pleaser.

One of the most exciting EECC fitness activities is Easy Flow Yoga led by Roni. Balance, flexibility, and breathing are practiced by each of the girls. If you need to feel more flexible, ask Roni if you can join our class.

Check out the pictures of the EECC activities on the next page:

-Linda Brown EECC Teacher

EECC in action at GAB!

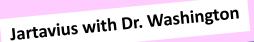


Jartavius Primus, Class of 2020, surprised the GAB faculty with a visit on Tuesday. He drove to GAB using special adaptive lenses. Yes, that's right—some students with visual impairments can qualify for a driver's license in Georgia (for more information, visit

https://dds.georgia.gov/medical-and-vision-information).

While at GAB, he picked up a copy of his transcript, which he will use to apply for a job in his hometown. His former teachers really enjoyed chatting with him and seeing him all grown up, beard and all!

Lauren A. Eckman, M.Ed; TVI
High School English Language Arts







Jartavius with Ms. Eckman



Monday

Tuesday

Wednesday

11

18

Thursday

Friday

13

20

Beef Ravioli Sloppy Jo Rolls

Rolls
Seasoned Fresh Cabbage
Honey Baby Carrots
Carrot Sticks
Celery Stick
Applesauce Cups
Granny Smith Apple
Orange Wedges
Fresh Red Grapes
1% Milk
Milk, Chocolate (TruMoo)

Milk, Strawberry Fat Free

(TruMoo)

Salisbury Steak
Cheese Calzone
Rolls
Green Beans
1/2 Baked Potato
Carrot Sticks
Celery Stick
Applesauce Cups
Granny Smith Apple
Mandarin Oranges
1% Milk

Milk, Chocolate (TruMoo) Milk, Strawberry Fat Free (TruMoo) Chicken Tetrazzini
Bacon Cheeseburger
Garlic Bread
Peas n Carrots
Buttery Corn
Carrot Sticks
Celery Stick
Applesauce Cups
Granny Smith Apple
Orange Wedges
Fresh Strawberries
1% Milk

Milk, Chocolate (TruMoo) Milk, Strawberry Fat Free (TruMoo) 12

Personal Cheese Pizza
Personal Pepperoni Pizza
Chicken Wings
Toasted Flatbread
Seasoned Potato Wedges
Steamed Broccoli
Carrot Sticks
Celery Stick
Applesauce Cups
Granny Smith Apple
Orange Wedges
1% Milk

Milk, Chocolate (TruMoo) Milk, Strawberry Fat Free (TruMoo) Chili w/ Grill Cheese
Grill Chicken Club
Buttery Corn
Tater Tots
Carrot Sticks
Celery Stick
Applesauce Cups
Bananas
1% Milk
Milk, Chocolate (TruMoo)

Milk, Chocolate (TruMoo) Milk, Strawberry Fat Free (TruMoo)

16

9

Oven Roast Chicken
Country Fried Steak
Rolls
Mashed Potatoes
Peas n Carrots
Carrot Sticks
Celery Stick
Applesauce Cups
Gala Apple
Orange Wedges
Fresh Red Grapes
1% Milk
ilk, Chocolate (TruMod

Milk, Chocolate (TruMoo) Milk, Strawberry Fat Free (TruMoo) 17

10

BBQ Rib Sandwich
Corn Dog
Seasoned Green Beans
Buttery Corn
Carrot Sticks
Celery Stick
Applesauce Cups
Gala Apple
Mandarin Oranges
1% Milk
Milk, Chocolate (TruMoo)
Milk, Strawberry Fat Free
(TruMoo)

Spaghetti and Meat Sauce
Crispy Chicken Sandwich
Garlic Bread
Baked Sweet Potato
Honey Baby Carrots
Carrot Sticks
Celery Stick
Applesauce Cups
Gala Apple
Orange Wedges
Fresh Strawberries
1% Milk
Milk, Chocolate (TruMoo)
Milk, Strawberry Fat Free

(TruMoo)

Pepperoni Pizza
Four Cheese Pizza
Toasted Flatbread
French Fries
Mixed Vegetables
Carrot Sticks
Celery Stick
Applesauce Cups
Gala Apple
Orange Wedges
1% Milk

Milk, Chocolate (TruMoo) Milk, Strawberry Fat Free (TruMoo)

19

26

Cheeseburger
Chili Hot Dog
Steamed Broccoli
Baked Beans
Carrot Sticks
Celery Stick
Applesauce Cups
Bananas
1% Milk
Milk, Chocolate (TruMoo)

Milk, Strawberry Fat Free (TruMoo)

23

Beef Ravioli
Sloppy Jo
Rolls
Seasoned Fresh Cabbage
Honey Baby Carrots
Carrot Sticks
Celery Stick
Applesauce Cups
Granny Smith Apple
Orange Wedges
Fresh Red Grapes
1% Milk
Milk, Chocolate (TruMoo)

Milk, Strawberry Fat Free

(TruMoo)

24

Salisbury Steak
Cheese Calzone
Rolls
Green Beans
Mashed Potatoes
Carrot Sticks
Celery Stick
Applesauce Cups
Granny Smith Apple
Mandarin Oranges
1% Milk
Milk, Chocolate (TruMoo)
Milk, Strawberry Fat Free
(TruMoo)

25

Chicken Tetrazzini
Bacon Cheeseburger
Garlic Bread
Peas n Carrots
Buttery Corn
Carrot Sticks
Celery Stick
Applesauce Cups
Granny Smith Apple
Orange Wedges
Fresh Strawberries
1% Milk
Milk, Chocolate (TruMoo)
Milk, Strawberry Fat Free

Personal Cheese Pizza
Personal Pepperoni Pizza
Chicken Wings
Toasted Flatbread
Seasoned Potato Wedges
Steamed Broccoli
Carrot Sticks
Celery Stick
Applesauce Cups
Granny Smith Apple
Orange Wedges
1% Milk

Milk, Chocolate (TruMoo) Milk, Strawberry Fat Free (TruMoo) 27

Buttery Corn
Tater Tots
Carrot Sticks
Celery Stick
Applesauce Cups
Bananas
1% Milk
Milk, Chocolate (TruMoo)
Milk, Strawberry Fat Free
(TruMoo)

Chili w/ Grill Cheese

Grill Chicken Club

30

(TruMoo)





Camp Courage is a three-day program designed for students rising into the 4th, 5th, and 6th grades with visual and/or hearing impairments. This unique camp aims to:

- Encourage and inspire children to develop greater confidence in their abilities.
- Form lifelong connections with other students across Alabama.
- Create a vision for their future.

HIGHLIGHTS:

- THE MIRACLE WORKER CAST'S PERFORMANCE OF ANNIE'S ARRIVAL AT IVY GREEN.
- · ARTS, CRAFTS, AND MUSIC.
- SPECIAL PROGRAMS, FIELD TRIP TO 20TH CENTURY FARM, DISCUSSIONS. AND MORE!
- MEAL AND HOTEL ACCOMODATIONS FOR ALL

SCAN SUPPORT AND GUIDANCE:

- UNIVERSITY OF NORTH ALABAMA PRESERVICE TEACHERS SPECIALIZING IN SPECIAL EDUCATION AS CAMP COUNSELORS
- HELEN KELLER FELLOWS AND SIGN LANGUAGE INTERPRETERS

Visit Our Website www.helenkellerbirthplace.org/camp







September 2024 Birthdays

Destiny R. 9/7 Tyson 9/20

Lucas W. 9/7 DJ 9/23

Matthew 9/15 Sahni 9/27

Aubrey 9/27

Charlie 9/28

