



School Information:

Georgia Department of Education / state Schools
 Atlanta Area School for the Deaf, Clarkston, GA
 Georgia Academy for the Blind, Macon, GA
 Georgia School for the Deaf, Cave Spring, GA



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. **Assorted Fresh Fruit, Milk, Water and Citrus Infused Water Served Daily. Fruit and Vegetable of the Month Features Broccoli and Strawberries.**

Monday



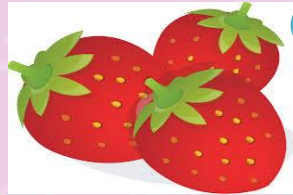
Fried Chicken Leg, Peanut Butter Jelly Sandwich, Dinner Roll, Entrée Salads, Brussel Sprouts, Glazed Carrots, Mixed Vegetables, Carrot Stick, Celery Sticks and Side Salad

Mandarin Chicken, BBQ Pulled Pork, Egg Roll, Fried Rice, Stir Fry Vegetables, Corn, Carrot Stick, Celery Sticks and Mixed Green Side Salad,



Oven Roasted Chicken, Peanut Butter Jelly Sandwich, Dinner Roll, Entrée Salad, Mashed Potato, Saute Spinach, Mixed Vegetables, Carrot Sticks, Celery Sticks, Side Salad

Tuesday



Calzone, Fish Sandwich, Entrée Salad, Baked Beans, Roasted Squash, Mac n Cheese, Carrot Stick, Celery Sticks and Mixed Green Side Salad

Meatballs Gravy w/ Rotini, Peanut Butter Jelly Sandwich, Dinner Roll, California Blend Vegetables, Black-Eye Peas, Carrot Sticks, Celery Sticks, Side Salad

Chili Hot Dog, Grilled Ham and Cheese w/ Tomato, Entrée Salad, Baked Beans, Butter Corn, Cole Slaw, Carrot Sticks, Celery Sticks, Side Salad

Salisbury Steak, Chicken Tender Sliders, Dinner Roll, Entrée Side Salad, Noodles w/ Gravy, Black Eye Peas, Savory Carrots, Green Peas, Carrot Stick, Celery Stick, Side Salad,

Wednesday

Eight strawberries will provide 140 percent of the recommended daily intake of Vitamin C for kids.

Beef or Chicken Nacho's, Turkey Club Sandwich, Entrée Salad, Mexican Rice, Fiesta Corn, Carrot Stick, Celery Sticks and Mixed Green Side Salad

Oven Roasted Chicken, Mozzarella Cheese Sticks w/ Marinara, Dinner Rolls, Sautee Spinach, Mashed Potatoes, Peas n Carrots, Carrot Sticks, Carrots, Side Salad,

Beef Vegetable Soup w/ Hot Ham n Cheese, Italian Sandwich, Entrée Salad, Braised Cabbage, Green Beans, Roasted Carrots, Carrot Sticks, Celery Sticks, Side Salad

Meatloaf, Vegetable Wrap, Dinner Roll, Entrée Salad, Pizza Green Beans, Butter Corn, Broccoli Salad, Carrot Stick, Celery Stick, Side Salad

Thursday



Cheese Pizza, Pepperoni Pizza, Chicken Wings w/ Dinner Roll, Entrée Salad, French Fries, Broccoli, Sautee Spinach, Carrot Stick, Celery Sticks and Side Salad

Cheese Pizza, Pepperoni Pizza, Chicken Wings w/ Dinner Roll, Entrée Salad, Sweet Potato Fries, Broccoli, Carrot Stick, Celery Sticks and Side Salad

Cheese Pizza, Pepperoni Pizza, Chicken Wings w/ Dinner Roll, Entrée Salad, French Fries, Broccoli, Sautee Spinach, Carrot Sticks, Celery Sticks, Side Salad

Cheese Pizza, Pepperoni Pizza, Veggie Pizza, Chicken Wings w/ Dinner Roll, Entrée Salad, French Fries, Broccoli, Roasted Zucchini, Carrot Sticks, Celery Sticks, Side Salad

Friday

Broccoli is a nutrient powerhouse. California is responsible for 90% of the broccoli grown in the United States.

Cheese Burger, Grilled Chicken Sandwich, Entrée Salad, Mixed Vegetables, Braised Cabbage, Carrot Stick, Celery Sticks and Mixed Green Side Salad

Bag Lunch

Chicken A La King, Pizza Burger, Dinner Roll, Entrée Salad, Brown Rice, Roasted Vegetables, Carrot Sticks, Celery Sticks, Side Salad,

Entrée Salad Selection
 1. BBQ Chicken Salad
 2. Pepperoni Pizza Salad
 3. Southwest Chicken Salad
 4. Entrée Chicken Salad

