



#### School Information:

Georgia Department of Education / state Schools  
 Atlanta Area School for the Deaf, Clarkston, GA  
 Georgia Academy for the Blind, Macon, GA  
 Georgia School for the Deaf, Cave Spring, GA



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. **Assorted Fresh Fruit, Milk, Water and Citrus Infused Water Served Daily. Harvest of the Month Features Carrots and Cauliflower**



### Monday



### Tuesday



### Wednesday

### Thursday



### Friday

Shepherds Pie, Peanut Butter Jelly Sandwich, Entrée Salads, Dinner Rolls, Curried Chick Peas, Roasted Zucchini, Mixed Green Side Salad, Carrot Sticks, Celery Sticks **4**

Turkey Noodle Soup w/ Garlic Cheese Biscuit, Crispy Chicken Sandwich, Entrée Salads, Butter Corn, Baked Beans, Roasted Fresh Carrots, Mixed Green Salads, Celery Sticks **5**

Spaghetti w/ Meat Sauce, Italian Biscuit Wraps, Entrée Salads, Garlic Toast, Green Beans, Sautee Cabbage, Mixed Green Side Salad, Carrot Sticks, Celery Sticks **6**

Cheese Pizza, Pepperoni Pizza, Veggie Pizza, Chicken Wings w/ Roll, Steam Broccoli, Sweet Potato Fries, **Cauliflower Tabbouleh**, Mixed Green Side Salad, Carrot Sticks **7**

Oven Fried Chicken, Beef Ravioli, Entrée Salads, Garlic Toast, Mixed Vegetables, Roasted Squash, Butter Corn, Mixed Green Side Salad, Carrot Sticks, Celery Sticks, Apple Crisp **1**

Meat Loaf, Crispy Chicken Club Sandwich, Entrée Salads, Dinner Rolls, Mashed Potatoes, Mixed Vegetables, Mixed Green Side Salad, Carrot Sticks, Celery Sticks, Blueberry Lemon Cake, **8**

Homestyle Cheese Burger, Turkey Club Sandwich, Entrée Salads, French Fries, Broccoli Salad, Glazed Carrots, Mixed Green Side Salad, Celery Sticks **11**

Beef or Chicken Nacho w/ Carrot Mango Salsa, BBQ Pulled Pork, Entrée Salads, Black Bean, Fiesta Corn, Spanish Rice, Mixed Green Side Salad, Celery Stick, Carrot Sticks, Cherry Orchard Bar **12**

Classic Beef Lasagna, Veggie Lasagna, Italian Biscuit Wrap, Entrée Salads, Garlic Toast, Corn, Cream Spinach, Mixed Green Side Salad, Carrot Stick, Strawberry Trifle **13**

Cheese Pizza, Pepperoni Pizza, Veggie Pizza, Chicken Wings w Roll, Entrée Salads, Sweet Potato Fries, Brussel Sprout, **Mediterranean Mashed Cauliflower**, Strawberry Mousse **14**

**Bag Lunch** Sandwich – Hamburger or Turkey Sandwich, Chips, Fruit, Cookie **15**

Presidents Day **18**

Steak n Gravy, Fish Sandwich, Entrée Salads, Dinner Roll, Roasted Squash, Lima Beans, Braised Cabbage, Mixed Green Side Salad, Celery Stick, Carrot Sticks, **19**

Chili Dogs, Grilled Chicken Sandwich, Entrée Salads, French Fries, Baked Beans, Cole Slaw, Mixed Green Side Salad, Celery Sticks, Carrots, **20**

Cheese Pizza, Pepperoni Pizza, Veggie Pizza, Chicken Wings w Roll, Entrée Salads, Sweet Potato Fries, Steam Broccoli, Mixed Green Side Salad, Carrot Stick, Celery Sticks **21**

Turkey Tetrizzini, Fish Sandwich, Entrée Salad, Dinner Roll, Sautee Spinach, **Cauliflower Drummies, Carrot Crisp Chips**, Biscuit Apples, Crostadas, Mixed Green Salad **22**

Oven Fried Chicken, Tuna Boat, Entrée Salads, Dinner Rolls, Pinto, Beans, Mac n Cheese, Roasted Squash, Mixed Green Side Salad, Celery Stick, Carrot Sticks **25**

Beefy Mac, Pulled Pork, Entrée Salads, Garlic Toast, Savory Sweet Potatoes, Butter Green Peas, Roasted Brussel Sprouts, Mixed Green Side Salad, Carrot Sticks, Celery Sticks **26**

Homemade Meatballs, Chicken Sliders, Entrée Salad, Dinner Rolls, Brown Rice, Green Beans, Braised Cabbage, Mixed Green Side Salad, Carrot Sticks, Celery Sticks, **27**

Cheese Pizza, Pepperoni Pizza, Veggie Pizza, Chicken Wings w Roll, Entrée Salads, Seasoned French Fries, Steam Broccoli, Turnip Greens. Peach Cobbler Trifle, Celery Sticks **28**

