



School Information: Type your school information here.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



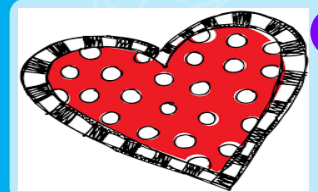
Wednesday



Thursday



Friday



Chicken Alfredo
Steamed Broccoli
Glazed Carrots
Garlic Bread
Vanilla Cupcakes

4

Pineapple Glazed Ham
Jasmine Rice
Green Beans
Dinner Roll
Chocolate Brownie

5

Fried Chicken Leg
Turnip Greens
Mashed Potatoes
Corn Bread
Strawberries and Cream

6

Cheeseburgers
Potato Chips
Baked Beans
Corn on the Cobb
Chocolate Cupcake

7



8

Seafood Basket
Mac & Cheese
Green Beans
Frozen Lemonade

11

Pepperoni & Cheese Pizza
Steamed Broccoli
French Fries
Chocolate Brownie

12

Baked Chicken
Jasmine Rice
Black Eye Peas
Breadsticks
Jell-O Parfait

13

Homemade Meatloaf
Loaded Tatar Tots
Mixed Vegetables
Dinner Roll
Chocolate Chip Cookie

14



15

18

Pancakes and Sausage
Scrambled Eggs
Cheesy Hash Browns
Yogurt Parfait

19

Spaghetti and Meatballs
Lima Beans
Glazed Carrots
Garlic Bread
Jell-O Parfait

20

Tomato Soup w/Cheez-It
Grilled Cheese Sandwich
Fresh Fruit
Pineapple Upside-down Cake

21



22

Beef Enchiladas
Chips with cheese sauce
Pintos and Cheese
Funnel Cake w/ Strawberries

25

Baked Chicken
Garlic Mashed Potatoes
Peas and Carrots
Dinner Roll
Dessert Bar

26

Cheeseburger Mac
Lima Beans
Roasted Brussel Sprouts
Frozen Lemonade

27

Crispy Chicken Sandwich
Curly Fries
Baked Beans
Chocolate Brownie

28

