



School Information:

Georgia Department of Education/ State Schools,
Atlanta Area School for the Deaf, Clarkston, GA
Georgia Academy for the Blind, Macon GA
Georgia School for the Deaf, Cave Spring, GA



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

**Assorted Fresh Fruit, Milk and Water Served Daily. Harvest of the Month Features:
Cucumbers, Blueberries and Vidalia Onions**

Monday



Crispy Chicken Sandwich, **6**
Peanut Butter Jelly Sandwich,
Entrée Salad, Peas n Carrots,
Mac n Cheese, Mixed Green Side
Salad

Chick A Boom Boom **13**
Sandwich, Peanut Butter Jelly
Sandwich, French Fries, Baked
Beans, Mixed Green Side Salad

Hot Dog, **20**
Peanut Butter Jelly Sandwich,
Entrée Salad, French Fries, Baked
Beans, Cole Slaw, Mixed Green
Side Salad



Tuesday



Turkey n Gravy, **7**
Pulled Pork Sandwich, Entrée
Salad, Butter Corn, Italian
Vegetable, Mixed Green Side
Salad

Homestyle Hamburger, **14**
Italian Soft, Hoagie, Entrée Salad,
Red Beans and Rice, Mac n
Cheese, Mixed Green Side Salad

Beef Mac, **21**
Veggie Lasagna, Entrée Salad,
Turnip Greens, Italian Vegetable,
Mixed Green Side Salad



Wednesday

Oven Fried Chicken, **1**
Turkey Wrap, Entrée Salad,
Green Beans, Mashed Potatoes,
Mixed Green Side Salad

Roasted BBQ Chicken, **8**
Grilled Ham n Cheese, Entrée
Salad, Green Beans, Mashed
Potatoes, Mixed Green Salad

Cheese Ravioli, **15**
Pulled Pork, Entrée Salad, Celery
Carrot, Green Peas, Mixed Green
Side Salad

Salisbury Steak, **22**
Corn Dogs, Entrée Salad, Baked
Sprouts, California Blend
Vegetables, Mixed Green Side
Salad



Thursday

Cheese Pizza, **2**
Pepperoni Pizza,
Chicken Wings w/ Dinner Roll,
Entrée Salad, Steam Broccoli,
Sweet Potato Fries, Mixed Green
Side Salad,

Bag Lunch **9**
Turkey Sandwich, Carrot Stick
Celery Stick, Fresh Fruit
Chips and Cookie

Cheese Pizza, **16**
Pepperoni Pizza,
Chicken Wings w/ Dinner Roll,
Entrée Salad, Steam Broccoli,
Sweet Potato Fries, Mixed Green
Side Salad,

Bag Lunch **23**
Turkey Sandwich, Carrot Stick
Celery Stick, Fresh Fruit
Chips and Cookie



Friday

Homestyle Burger, **3**
Chicken Strips, Entrée Salad,
Brown Rice, Lima Beans, Mixed
Green Side Salad,

Roasted Sliced Pork, **10**
Peanut Butter Jelly Sandwich,
Entrée Salad, Mixed Vegetables,
Brown Rice, Mixed Green Side
Salad

Turkey w Gravy, **17**
Chicken Salad Sandwich, Entrée
Salad, Mashed Potatoes, Green
Beans, Mixed Green Side Salad

Bag Lunch **24**
Turkey Sandwich, Carrot Stick
Celery Stick, Fresh Fruit
Chips and Cookie

