



School Information:

Georgia Department of Education / state Schools
 Atlanta Area School for the Deaf, Clarkston, GA
 Georgia Academy for the Blind, Macon, GA
 Georgia School for the Deaf, Cave Spring, GA



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

Daily Offering: Assorted Fresh Fruits, Juice, Milk and Water Served Daily

Monday

Tuesday

Wednesday

Thursday

Friday



Big Daddy Pizza, Chicken Parmesan Sub, Sandwich Buffalo Wings w/ Celery Sticks, Dinner Roll, Entrée Salad Selection, Broccoli Bite, French Fries, Celery or Carrot Sticks, Mix Green Salad, **1**

Roasted BBQ Chicken, Philly Cheese Steak Sub Entrée Salad Selection, Lima Beans, Mac n Cheese, Celery or Carrot Sticks **2**

Salisbury Steak, Black Forest Ham Sub, Dinner Roll, Entrée Salad, Baked Potatoes, Black Eyed Peas California Blend Veggies, Veggie Cup, Mix Green Salad, **5**

Lasagna, Veggie Lasagna, BBQ Sandwich, Entrée Salad, Garlic Toast, Butter Corn, Sweet Potatoes, Veggie Cup, Mix Green Salad **6**

Beef Nachos, Chicken Quesadilla, Entrée Salad, Mexican Rice, Fiesta Corn, Celery or Carrot Sticks, Apple Kale Salad **7**

Big Daddy Pizza, Turkey Club Sandwich, Buffalo Wings w/ Celery Sticks, Entrée Salad, Broccoli Bites, French Fries, Veggie Cup, Mix Green Salad **8**

Beef Broccoli, PB n J Sandwich, Entrée Salad, Veggie Fried Rice, Braised Cabbage, Stir Fry Veggies, Veggie Cup **9**

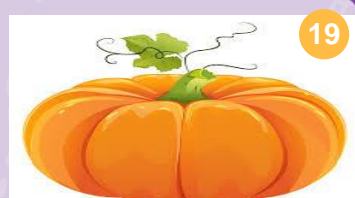
Chili Cheese Hot Dog, Grilled Chicken Sandwich, Roasted Veg Sandwich, Entrée Salad, French Fries, Baked Beans, Butter Corn, Cole Slaw, Veggie Cup **12**

Chili Con Carne w/ Grilled Cheese, Chicken Tender Slider, Entrée Salad Selection, Sweet Carrots, Cheesy Broccoli, Veggie Cup, Mixed Green Side **13**

Chicken Fajita's Beef n Bean Burrito, Entrée Salad, Pinto Beans w/cheese, Mexican Rice, Fiesta, Corn, Veggie Cups, Apple Kale Salad **14**

Holiday Meal Turkey w/ Gravy, Glazed Ham, Dressing, Mashed Sweet Potatoes, Green Beans, Broccoli Casserole, Dinner Rolls, **15**

Bag Lunch **16**



Happy Thanksgiving **22**



Seafood Basket, Chicken Salad Sandwich, Entrée Salau, Baked Beans, Mixed Vegetables, Sweet Potato Fries, Cole Slaw, Veggie Cup **26**

Spaghetti w/ Meat Sauce, Cheese Calzone, Garlic Toast, Entrée Salad, Zucchini Casserole, Brussel Sprouts, Baked Sweet potato, Veggie Cup, Mixed Green Side **27**

Bacon Cheese Burger, Turkey Tetrizzini, PB n J Sandwich, Dinner Roll, Entrée Salad, Steam Carrots, Broccoli, Turnip Greens, Veggie Cup, Apple Kale salad **28**

Big Daddy Pizza, Turkey Club Sub, Buffalo Wings w/ Celery Sticks, Entrée Salad, French Fries, Butter Corn, Veggie Cup, Mixed Green Salad **29**

Meat Loaf, Chicken Sandwich, Dinner Roll, Roasted Squash, Braised Cabbage, Black Eye Peas, Veggie Cups **30**