



Georgia Academy for the Blind

2895 Vineville Avenue ■ Macon, Georgia 31204

Hendricks Building ■ 478-751-6085 (School) ■ 478-752-1745 (Fax)
Administration Building ■ 478-751-6084 (Office) ■ 478-751-6659 (Fax)

www.gabmacon.org

Dr. Cindy Gibson, Superintendent

Georgia Academy for the Blind PARENT PERMISSION FOR COUNSELING SERVICES/ SEX EDUCATION

Please check any services below in which you **DO NOT** want your child to participate. These services are provided by our school social worker, Ms. Rosemary Knight, and are available for review and discussion. Contact Ms. Rosemary Knight at 478-751-6083, ext 1284 if you have any questions or concerns.

_____ Individual counseling focused on building decision making skills, problem solving, conflict resolution/ bullying, setting and achieving goals, and enhancing communication.

_____ Group counseling services focused on the issues mentioned above.

_____ Classroom counseling focused on Personal Body Safety (see attached description of curriculum).

_____ Sex Education Instruction utilizing the Georgia Curriculum for Health for appropriate grade-level topics.

Unless checked above, my child has permission to participate in any or all of the above activities. This permission remains in effect while the student continues to be enrolled at GAB, or until the school is notified by the parent that permission has been rescinded.

Student Name _____ (Print)

Parent Signature _____

Date _____



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Personal Body Safety Course Descriptions

Good Touch, Bad Touch – A personal body safety program designed for elementary school children to teach the skills they need to prevent and interrupt child abuse. Children are taught what abuse is and given five rules that empower them into action if threatened or victimized. A summary of the rules are reviewed each year. This curriculum is a springboard for all other body safety programs taught in elementary school. The video, What Tadoo, and Good Touch, Bad Touch Big Book are all used to teach the program.

Keeping My Body Safe – The first grade body safety program will be presented using an interactive workbook entitled, *We Wonder-Keeping My Body Safe!* The booklet will teach skills that will help children stay safe from sexual abuse. Children will learn about the private areas of their bodies, about safe and unsafe touches, and what to do if sexual abuse happens to them. The program will be presented in class and then the booklets will be sent home for parents to review with their child.

What Tadoo With Fear – This is a video based lesson designed to help students learn safety techniques to guard against fear. The program deals with scary situations at home and how to talk to your parents about those circumstances. This program deals with many issues concerning the well being of children in today's society.

Now I Can Tell You My Secret – Using the example of a young boy with a secret, the video gives youngsters the important message that they have the right to protect themselves against sexual advances by anyone, whether or not they know the person. The students are taught safety techniques to keep their bodies safe. Using the Good Touch, Bad Touch teaching cards, students are given the definition of sexual abuse and different situations that could occur in everyday life are discussed.

What Tadoo With Secrets – A video designed to help children understand the difference between good and bad secrets. The video focuses on empowering children with the right to protect and keep themselves safe and encourages them to talk to an adult whom they trust.

Caring About Me (CAM) – A puberty unit developed to provide 4th and 5th grade girls and 5th grade boys factual information pertaining to their changing bodies. Particular attention has been made to meet state requirements of human growth and development as it relates to adolescence, puberty, emotions, and abstinence in 5th grade.